

Comestibles dangerous to health

This is a public service health warning that I hope you won't take too seriously.

Baklava

The first danger allegedly comes from Greece and is called Baklava, apparently pronounced *back-lavver*. To its shame Lidl sells it. If you buy one box, you will buy two next time and then you are on the slippery slope. The pieces are a little too big to go in the mouth in one go. However after biting a few in two you find yourself jamming them in whole, biting down into the luscious pastry, filling and nuts and experiencing the intense high.



Caramel waffles

I have been running a new addictive substance to the flying field. This innocuous looking stuff is packed in tens, also known as a four hundred (g). If you have one you will never be able to stop wanting more. They are the crack-cocaine of confectionery. They originate in the Netherlands, from where they are run across the North Sea to Lidl. We all know that the Dutch have more liberal views on substances. This is what they look like:



That was the result of a recent raid on my car boot. Luckily you can see that none of the stuff has been consumed. You have been warned!

Scandi lines

Just when you thought it was safe to look at a biscuit again, a new threat hits town. This time the stuff is run over from Sweden. Here it is. See how the packaging tempts you by sounding harmless and fun. Don't be deceived. That the nature of the primrose path. You can buy a big box of these, allegedly flavoured only with ginger, from IKEA for under three pounds. It won't last. Once we are all hooked the price will shoot up. You have been warned. Just say, 'No'.



